

I.P.F.C.A.

In law enforcement, police, Fire, EMT, Federal Agent, Security, Hospital Personnel, Industry, First Responders stressors, effecting physical, emotional, physiological problems. Stemming from law enforcement profession, due to shootings, tragic accidents, and standard calls to domestic problems, and the death of children. These stress related problems also effects the officers in relationships with Family and love ones, also problems on the job with Upper Management, supervisors, and Partner's, and in every day events, this course will show how to properly manage stress, and stressors, and problem solve effects of bad stress related incidents. Job performance may also suffer, as will other aspects of the individual's life. Sexual function maybe affected as well as one's ability to interact with family and friends. Most reactions last only a few days but they can for weeks or even months. In some people symptoms appear immediately. In others symptoms may be delayed or they may not react at all.

**PLEASE ASSIST US
WITH DONATIONS
TODAY SO WE CAN
ASSIST OTHERS
TOMORROW**
**If you are interested in
these classes for your
Department or
organization please contact**

us at:

IPFCA

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**WWW.IPFCA.ORG
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International Police & Fire Chaplains Association



**Advanced Suicide Prevention
Intervention's/Postvention II
Law Enforcement
Fire an Rescue Personnel
LODD/ Line of Duty Death
CISM For spouse of First
Responders**

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MCOLCS (Registered)
Michigan Commission on
Law Enforcement Standards

High Impact Stress Incident Factors
for Law Enforcement

- High Speed Chase
- Domestic Violence Calls.
- LODD: Line of Duty Death of an Officer or officers.
- Suicide of follow officer.
- Officer suspension / under investigation
- Death of Child, or multiple Children fatality's.
- Shooting's (all, and Taking a life, in the line of duty)
- Armed Robbery: Store, Business, Bank, (while in progress.)
- Hostage situations.
- Homicides: Adult, Teen, and Children.
- Traffic enforcement.
- Barricaded Gunman.

. Firefighters/EMSs and rescue personnel are dealing with everyday tragic events as well, they also see what the average person does not see, First responders see people in tragic car accidents, they witness peoples house's and building fires, they think because they are first Responders that they can grow accustomed to seeing and watching people, children burn up in fires, see horrific accidents, and be ok, **this too is a lie.** Dealing with high stress levels of traumatic events. Almost all Fire and EMS, including law enforcement officers feel they cannot show the following emotions:

First Responders do not want show: (during or after a Traumatic Event)

1. Being emotional up-set.
2. Openly crying {Most First Responders feels this is weakness, this is false.}
3. Not allowing other First Responders see them up-set.

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What you will Learn

Dealing and learning to handle Police & Fire Rescuer Stress.

Peer driven, Critical Incident Stress Unit Teams.

THE STRESS OF WEARING THE BADGE

As a Law Enforcement Officer.

**Rescuer stress signs of PTSD:
Personality Traits of
Emergency Personnel**

Understanding First Responder PTSD (Police & Fire)

Signs to watch for in First Responders/Police, Fire

Corrective Life Changing Stress Factors.